

Lay Helper

Type

Volunteer

Line of Authority

This position reports to the Gerholz Director / Lay Helper Program Supervisor and is primarily accountable to the Gerholz Christian Counseling Center Committee.

Volunteer Responsibilities

- Provide one-on-one sessions to persons facing personal, relational, or spiritual challenges;
- Use Scripture, prayer, and sound principles to guide individuals in resolving a variety of issues such as grief, anxiety, low mood, marriage difficulties, family conflicts, or other personal struggles;
- Adhere to the ethical guidelines respecting the confidentiality and privacy of all client-lay helper interactions;
- Participate in supervision and all its components;
- Refer individuals to licensed mental health professionals for cases that exceed the scope of lay helpers;
- Work closely with the Gerholz Director, Lay Helper Supervisor, and other Professional Counseling staff to align support efforts with the overall mission and vision of the counseling center's ministry;
- Maintain accurate and confidential records of sessions, client progress, and any follow-up actions required;
- Participate in regular training and development to stay equipped providing effective support;
- Promote awareness of the counseling ministry within the church and encourage individuals to seek help when needed.

[REVISED 2025] Participating as a team member in the ministry of the First Presbyterian Church of Flint may require tasks that are not currently listed in this job description. If these tasks evolve into a regular part of the church's operation they will be addressed at a yearly review and this job description will be revised.